

LAST UPDATE: September 2021

The Spiegel Center for Advanced Facial Aesthetics

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Professional Experience

2011 – Present **Co-founder, Specialist in Facial Aesthetics** – The Spiegel Center, Newton, MA
2007 – 2017 **Endodontics** – Private practices throughout the Boston metropolitan area
2001 – 2007 **General Dentist** – Private practice, Brookline and Brighton, MA
2001 – 2002 **Fellow** – Department of Dermatology, Brigham and Women’s Hospital, Boston, MA
2000 – 2001 **Intern** – Division of Oral & Maxillo-Facial Surgery, The Mount Sinai Hospital, New York, NY
2000 – 2001 **Intern** – Faculty practice and pediatric outreach program, NYUCD, New York, NY
1999 – 2000 **Teaching Assistant** – Second year pre-clinical periodontics, NYUCD, New York, NY
1994 – 1997 **Senior Account Executive** – Healthcare Group, Ruder Finn, Inc., New York, NY

Education

2007 – 2009 CAGS – Boston University School of Dental Medicine, Boston, MA
2002 – 2007 Ph.D. – Boston University School of Medicine, Boston, MA
1997 – 2001 D.D.S. – New York University College of Dentistry, New York, NY
1991 – 1994 M.S. – The Hebrew University of Jerusalem, Israel
1988 – 1991 B.A. – Goucher College, Baltimore, MD

Board Certification and Licensure

2001 – Present North East Regional Boards in Dentistry
2001 – Present Massachusetts Licensure in Dentistry

Professional Memberships

2010-Present Member, Massachusetts Dental Association
2002-2003 Member, International Association of Dental Research
2002-2003 Member, Health Volunteers Overseas
1997-Present Member, American Dental Association

Honors and Awards

2018 RealSelf 100 & 500 Hall of Fame
2017 Top 25 Most Loved Injectors, RealSelf
2001 Robert J. Ditolla Memorial Award for Excellence in Clinical Dentistry
2001 Omicron Kappa Upsilon Outstanding Clinical Research Science Award
2000 New York University College of Dentistry Dean's Student Research Award
1994 Cum Laude graduate of The Hebrew University of Jerusalem

Publications

Spiegel O.L. "Lip Lifting: Not Just Fullness-Everything You Need to Know about Lifting and Creating Youthful, Beautiful Lips." *Facial Plast Surg.* 2019 Apr;35(2):129-133. doi: 10.1055/s-0039-1683865. Epub 2019 April 3.

Spiegel J.H., **Spiegel O.L.** "Head and Neck Examination in Trauma: Implications on Timing and Prioritization." Chapter 5 in Goldberg, Lee and Murr (eds) *Head and Neck Trauma*. In press.

Onir Leshem, Suely S. Kashino, Reginaldo B. Goncalves, Noriyuki Suzuki, Masao Onodera, Akira Fujimura, Hajime Sasaki, Philip

Stashenko, and Antonio Campos-Neto. 2008. "Th1 biased response to a novel *Porphyromonal gingivalis* protein aggravates bone resorption caused by this oral pathogen." *Microbes Infect.* 10(6):664-72.

Reginaldo B. Gonçalves, **Onir Leshem**, Karen Bernards, John R. Webb, Philip P. Stashenko, and Antonio Campos-Neto. 2006. "T-cell Expression Cloning of *Porphyromonas gingivalis* Genes Coding for T Helper-Biased Immune Responses during Infection." *Infect. Immun.* 74: 3958-3966.

Abstracts, Presentations

Lips: *Beautification and Rejuvenation*

Spiegel O.L.
Aesthetic & Anti-aging Medicine World Congress
Monte-Carlo, Monaco
September 2021

Practical Approach to Aesthetic Injections

Spiegel O.L.
Neuromodulator Course for Residents
Newton, MA
June 2021

Minimally Invasive Lip Enhancement

Spiegel O.L.
The Spiegel Center Dental Continuing Education Event
Newton, MA
May 2021

Lip Fillers, Lip Lifts, & Lip Flips

Spiegel O.L.
The Spiegel Center Continuing Education Event
Newton, MA
May 2021

The Latest in Injectables for 2020

Spiegel O.L.
Aesthetics Exchange Pro Conference
Hartford, CT
February 2020

Beyoutiful in 2020

Spiegel O.L.
First Event
Boston, MA
January 2020

Everything About Lip Fillers

Spiegel O.L.
1st Orofacial Club Meeting
Miami, FL
June 2019

Non-Surgical Approach to Facial Contouring

Spiegel O.L.
MAE Annual Meeting
Waltham, MA
March 2019

Maintaining Your Surgical Results

Spiegel O.L.
First Event
Marlborough, MA
January 2019

Maintaining Your Beautiful Face

Spiegel O.L.
First Event
Marlborough, MA
February 2018

Before and After Surgery, Non-Surgical Solutions

Spiegel O.L.
First Event
Marlborough, MA
January 2017

Novel Proteins of Porphyromonas Gingivalis Involved in Inflammatory Bone Resorption

Leshem O., Stashenko P., and Campos-Neto A.
85th Annual Meeting
International Association of Dental Research
New Orleans, LA
March 2007

Previously Uncharacterized P. Gingivalis Antigens That Preferentially Stimulate T-Cell Proliferation

Leshem O., Gonçalves R. B., Stashenko P., and Campos-Neto A.
84th Annual Meeting
International Association of Dental Research
Orlando, FL
March 2006

The Diversity of Bacteria on Oral Squamous Cell Carcinomas

Leshem O., Klein E.A., Mager D. L., Deschler D.G., Spiegel J.H., and Dewhirst F.E.
83rd Annual Meeting
International Association of Dental Research
Baltimore, MD
March 2005

Ca⁺⁺ independent T-cell Adherence to Inflamed Gingival Epithelium Detected by a Shear-dependent Lymphocyte Adherence Assay

Leshem O., Kawai T., Milinkovic M., Taubman M.A., and Sackestein R.
63rd Annual Meeting
The Society for Investigative Dermatology

Los Angeles, CA
May 2002

Investigation of Oral Colonization by Respiratory Pathogens and Antimicrobial Susceptibility Testing in Chronic Care Facility Residents

Leshem O., Boylan R.J., and Russell S.L.
10th Annual NYUCD Research Science Meeting
New York, NY
April 2001

Press

“Aging Gracefully or Just Aging?” *Tough as Nails*. iHeart Radio. WBZ NewsRadio Boston. April 9, 2018.

“Sun-believable: Part II”. Country1025.com. August 1, 2018.

“You Can’t Trust Your Face with Just Anyone.” *Glamour*. April 2018.

“Trending Now: New Techniques in Injectables.” February 20, 2018.

“Interview with Dr. Onir Spiegel About Liquid Facelifts.” www.thefashionablehousewife.com. February 25, 2018.

“6 Non-Surgical Facelift Treatments Recommended by Plastic Surgeons.” www.zwivel.com. December 16, 2016.

“20 Popular Botox Treatment Questions Answered.” October 25, 2016.

“Gender Bender. Jeffrey Spiegel, MD and the Dawn of the Transgender Movement.” www.plasticsurgerypractice.com.
December 23, 2013.