
Jeffrey Howard Spiegel, M.D., F.A.C.S.

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The Spiegel Center for Advanced Facial Aesthetics
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Chief, Division of Facial Plastic and Reconstructive Surgery
Department of Otolaryngology – Head and Neck Surgery
Boston University School of Medicine

Academic Appointments (Boston University)

2010-Present **Professor** – Department of Otolaryngology - Head and Neck Surgery
2005-2010 **Associate Professor** – Department of Otolaryngology - Head and Neck Surgery
2003-2005 **Assistant Professor** – Department of Surgery - Plastic Surgery
2000-2005 **Assistant Professor** – Department of Otolaryngology - Head and Neck Surgery
2001-2004 **Director of Medical Student Education (Oto-HNS)**

Clinical Appointments

2010-Present **Medical Director, Founder** – Advanced Facial Aesthetics, Chestnut Hill, MA
2006-2010 **Medical Director** – Department of Otolaryngology
2005-2006 **Chief** – Division of Facial Plastic and Reconstructive Surgery
2004-2006 **Director of Clinical Operations** – Department of Otolaryngology
2001-2007 **Medical Director** – The Laser Skin Center, Boston, MA
2002-2003 **Medical Director** – Imagine Laser and Skin Center, Danvers, MA
2000-Present **Attending Surgeon** – Otolaryngology - Head and Neck Surgery, Facial Plastic
and Reconstructive Surgery, Boston Medical Center, Boston, MA

Education

1999 – 2000 Fellowship – Massachusetts Eye and Ear Infirmary / Harvard Medical School
Facial Plastic and Reconstructive Surgery / Microvascular Surgery
1998 – 1999 Chief Resident – Department of Otolaryngology –Head and Neck Surgery
University of California at San Francisco
1995 – 1998 Residency – Department of Otolaryngology –Head and Neck Surgery
University of California at San Francisco
1994 – 1995 Internship – Department of Surgery
University of California at San Francisco
1991 – 1994 M.D. – University of Michigan Medical School, Ann Arbor, Michigan
Alpha Omega Alpha Medical Honor Society, President 1993 – 1994
Junior Year Induction Selected to give Graduation Address
1987 – 1991 B.S. - University of Michigan, Ann Arbor, Michigan
Graduate with Highest Distinction

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Phi Beta Kappa – Junior Year Induction
Angell Scholar (multiple consecutive semesters with 4.0 GPA)

Board Certification and Licensure

American Board of Facial Plastic and Reconstructive Surgery – passed written and oral board exams, July, 2000. Board Certified 2003.
Board Certified, American Board of Otolaryngology – Head and Neck Surgery, April 22, 2000
Medical Board of California, License: A060086, not active
Medical Board of Massachusetts, License: 205428

Professional Memberships

American Academy of Otolaryngology / Head and Neck Surgery Foundation
American Academy of Facial Plastic and Reconstructive Surgery
Society of University Otolaryngologists – Head and Neck Surgeons
American College of Surgeons (fellow)
American Head and Neck Society
Massachusetts Society of Otolaryngologists

Honors and Awards

2018- My Face My Body Plastic Surgeon of the Year Award, East Coast, USA
2018- AAFPRS F. Mark Rafaty Memorial Award, for outstanding contributions to the field of plastic surgery
2017- Guest of Honor, Brazilian Society of Plastic Surgery, Florianopolis, Brazil
2016 - Key Note Address, AAFPRS meeting at COSM, May 2016, Chicago, IL
2015 - Milano Rhinoplasty Masterclass – one of 5 US surgeons invited to teach rhinoplasty to plastic surgeons from 64 countries.
2013 - Metcalf Cup Finalist, Boston University's highest all-campus teaching award
2013 - Be Exceptional Award, Boston Medical Center
2013 - Clinical Scientist Educator of the Year Nominee – Boston University School of Medicine
2012 - Vaughan Teaching Award, Department of Otolaryngology –Head and Neck Surgery
2012- AAO/HNSF Distinguished Service Award
2012- Metcalf Award Finalist, Boston University's highest teaching honor
2011- Editorial Board, World Journal Otolaryngology
2011- Ben Shuster Award, mentor to Harry Hwang, M.D.
2011- Selected as Oral Boards Examiner, American Board of Otolaryngology – HNS
2011- Special Lecturer, AAFPRS Annual Meeting, San Francisco, CA
2011 - Judge, Miss Massachusetts pageant through Miss America organization
2010 - Triological Society Thesis Honorable Mention Award
2010 - Triological Society Membership
2009 - Visiting Professor – University of Pennsylvania Department of Dermatology and Department of Plastic Surgery – Center for Human Appearance.
2009 - Invited Guest of Honor – WPATH meeting, June 2009, Oslo, Norway
2009 - First Prize, Triological Society Poster Competition
2009 - American Academy of Otolaryngology – Head and Neck Surgery, Invited Leadership Training.
2009 - American Academy of Facial Plastic and Reconstructive Surgery, appointed Fellowship Director
2008 - American Academy of Otolaryngology – Head and Neck Surgery, Board of Governors, Invited Leadership Training
2008 - American Academy of Otolaryngology – Head and Neck Surgery, Invited Participant – Academy Leadership Training
2008 - Massachusetts Society of Otolaryngology – Legislative Representative

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- 2008 - Editorial Board, *Microsurgery*
- 2007- Vaughan Teaching Award, Department of Otolaryngology –Head and Neck Surgery
- 2007 - Massachusetts Society of Otolaryngology, Legislative Representative
- 2007 - Designated Media Contact, AAO/HNSF annual meeting – Facial Plastic Surgery
- 2007 - Representative of the AAO/HNSF to the annual meeting of State Government Representatives, Boston, MA August, 2007
- 2007 - Massachusetts Society of Otolaryngology – Board Member
- 2007 - Chair, Media and Public Relations Committee AAO/HNSF
- 2007- Reviewer, *Robotics and Computer Integrated Manufacturing*
- 2007- Editorial Board, Southern Medical Journal
- 2006- Honor Award, American Academy of Otolaryngology – Head and Neck Surgery
- 2006- Board of Governor’s Award – American Academy of Otolaryngology
- 2006- Candidate, Triological Society
- 2006- American Academy of Otolaryngology – Head and Neck Surgery CORE research grant review
- 2006 - Triological Society Eastern Section Meeting, 3rd Prize Research Presentation
- 2005- Elsa Rackee Science Lecturer – Roxbury Latin School
- 2005- Editorial Reviewer – *Southern Medical Journal*
- 2005 - Editorial Reviewer – *Archives of Facial Plastic Surgery*
- 2004 - Induction into American Head and Neck Society
- 2004 - Editorial Reviewer – *The Laryngoscope*
- 2002 - 2005 American Board of Otolaryngology – Head and Neck Surgery: Task Force for New Materials. (Write and review the National Boards Exam, and in-service training exams, in Otolaryngology – Head and Neck Surgery.)
- 2002- Fellow – American College of Surgeons
- 2000 Sir Harold Delf Gillies Award (Best Basic Science Research Paper)
- American Academy of Facial Plastic and Reconstructive Surgery
- 2000 Medtronic / Xomed 2000 Kentucky Lake Study Group Invited Participant
- Best Scientific Presentation Award
- 1999 Triological Society Western Section Travel Award
- 1999 Scholarship Recipient: 10th Annual Head and Neck Reconstruction Course at The Mount Sinai Medical Center
- 1997 Buncke Microsurgery Clinic / Davies Medical Center
- Advanced Course in Microneurovascular Surgery
- 1995 AAO/HNSF Outcomes Research Symposium Resident Travel Award
- 1991 Voting Delegate, American Medical Student Association National Convention
- 1991 - 1992 Vice President, Phi Delta Epsilon Medical Society
- 1990 - 1992 University of Michigan Medical School Clinical Science Committee
- 1991 - Assistant to Health Director, Hartford Health Department Hartford, Connecticut
- 1989 - 1993 National Harry S. Truman Scholarship Recipient
- 1988 Mount Sinai Hospital Student Research Award
- 1987 American Heart Association Student Research Award
- 1986 American Heart Association Student Research Award

Patents

U.S. Patent Number 5,975,904 (Nov. 2, 1999): Articulated Bone Reconstruction Bar

Grants

- AAO/HNSF Core research grant, mentor for Chelsea Troiano, MD- 2018
- Unrestricted research grant, private donor - \$3500 – March 2010
- Cynosure, Inc, Unrestricted research grant - \$37,000 –June 2008
- Unrestricted research grant, private donor - \$25,000 – March 2008
- Restore Medical, Unrestricted research grant - \$2000 – March 2007

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American Society of Pediatric Otolaryngology – CORE grant with Rebecca Stone, M.D. (Resident in Otolaryngology) \$15,000 – June 2005

Boston Medical Center CreFF grant - \$3230 – March 2004

New England Otolaryngology Society (NEOS) grant – \$3000 –Fall 2003

Cook Incorporated, Bloomington, IN - \$ 5700.00 unrestricted research grant – October 2001

Cook Incorporated, Bloomington, IN - \$10,250.00 unrestricted research grant – November 2000

Committees

2016-	American Board of Facial Plastic and Reconstructive Surgery Boards Examination Question Committee (question author)
2014 - 2018	American Academy of Otolaryngology Fall Meeting Instructional Course Committee
2010 -	Boston Medical Center Short-Term Disability committee, chair.
2009 -	Boston University School of Medicine, Boston Medical Center, Department of Dermatology Chairperson Search Committee
2008-	Boston University School of Medicine, Department of Otolaryngology – Head and Neck Surgery Resident Research and Scholarly Activity Committee
2008 -	American Academy of Otolaryngology – Head and Neck Surgery, Government Affairs Steering Committee
2007 - 2013	American Academy of Facial Plastic and Reconstructive Surgery - Research Committee
2007 - 2011	American Academy of Facial Plastic and Reconstructive Surgery - Fellowship Committee – Subcommittee on Fellowship Research Review
2007 - 2011	American Academy of Facial Plastic and Reconstructive Surgery - Regulatory and Socioeconomic Affairs Committee
2007 - 2010	American Academy of Facial Plastic and Reconstructive Surgery - Membership Residency Relations Committee
2007 - 2011	American Academy of Facial Plastic and Reconstructive Surgery - Awards Committee
2007 - 2010	Massachusetts Society of Otolaryngology – Board of Directors
2006-	American Academy of Otolaryngology – Head and Neck Surgery, CORE faculty
2005 - 2009	American Academy of Otolaryngology – Head and Neck Surgery, CPT Committee
2005 –	American Academy of Otolaryngology – Head and Neck Surgery, Media and Public Relations Committee, Chairman (2007-2010)
2005 –	American Academy of Otolaryngology – Head and Neck Surgery Home Study Course Faculty
2004 –	American Head and Neck Society – Prevention Committee
2004 – 2008	Boston Medical Center – Credentials Committee
2004 –	Boston University School of Medicine MD/PhD Interviewer
2003 – 2004	Boston Medical Center –Cancer Treatment Scorecard Committee
2003 –	Boston University School of Medicine 7-year Admissions Committee
2002 - 2005	American Board of Otolaryngology – Head and Neck Surgery, Task Force for New Materials
2002 -	Boston University School of Medicine - Subcommittee on Clinical Teaching Facilities and Graduate Medical Education:
2001 -	Boston University School of Medicine Mini-Medical School Faculty
2001 –2004	American Academy of Otolaryngology – Head and Neck Surgery Foundation, Inc. Continuing Education Faculty Member, Audiotape Faculty, Multimedia Review Faculty (Continuing Education Advisory Committee)
2000 -2003	Boston University Fellowship and Scholarships Committee

School of Medicine Teaching

- Course Director Surgery 560.11– Oto/HNS Research Elective (Boston University) (Mentor and supervise BU and visiting medical students in a month long otolaryngology elective. More than 18 students have been mentored to successful presentations at national meetings over the last 7 years.)
- Student Advisor through Physician Advisor Program
- Introduction to Clinical Medicine site preceptor

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- Summer Student Research Mentor – 14 students, 2003 - 2011
- Lecturer / Lab Instructor: Gross Anatomy (Boston University)
- Lecturer: Introduction to Clinical Medicine (Boston University)
- Group Facilitator: Integrated Problems Course (Boston University)
- Lecturer – Boston Univ. / Tufts. Univ. Combined Otolaryngology Didactic Teaching Course
- Lecturer in Otolaryngology, San Francisco College of Osteopathic Medicine / Tuoro University, 1999
- National Youth Leadership Forum – Physician consultant and coordinator of UCSF site experiences for high school student summer medical program 1997-1999

Editorial Reviewer

Microsurgery, Otolaryngology – Head and Neck Surgery, Archives of Facial Plastic and Reconstructive Surgery, Archives of Otolaryngology – Head and Neck Surgery, Southern Medical journal, Robotics and Computer Integrated Manufacturing, the Laryngoscope, Expert Reviews in Ophthalmology, Nursing Education Journal, Biological Research for Nursing, Head and Neck Pathology, Biological Research in Nursing, Aesthetic Surgery Journal, Journal of the European Academy of Dermatology and Venerology, Journal of Sexual Medicine, Oral Oncology Journal, Plastic, Reconstructive, and Hand Surgery, Plastic and Reconstructive Surgery

Administrative Responsibilities

Medical Director and Founder, Advanced Facial Aesthetics: responsible for the planning, design, personnel, promotion, administration, and opening of a 2400 sf aesthetic facial surgery clinic in Chestnut Hill, MA. Developed the practice concept, and oversaw the design, build-out, outfitting, staffing, medical informatics, computer systems, etc for the practice. Practice sees patients from around the USA and across the globe with > 75% of surgical patients flying in for surgery.

2005-2011 Medical Director, Department of Otolaryngology: responsible for management of issues relating to access, efficiency, physician, and support staff scheduling, compartment, patient concerns, medication storage, clinic organization and operations, and compliance with hospital policies.

Manage finance, strategy, advertising, internet presence, inventory, and personnel for facial plastic surgery division. Direct supervisor of three practice coordinators.

2004-2012 Physician Supervisor / Manager of Department of Otolaryngology nurse practitioners.

Coordinated transition to Electronic Medical Record (EMR) for Department of Otolaryngology at Boston Medical Center including creation of customized forms and templates for each subspecialty division.

Integral to the authoring and development of the physician salary and reimbursement system used within the Department of Otolaryngology.

Fellows (AAFPRS Fellowship Director)

2009 – 2010	Leslie Winter, M.D. (Boston University) – now at Lahey Clinic, Burlington, MA
2010 – 2011	Harry Hwang, M.D. (UCSF) – now at Kaiser Permanente, Santa Clara, CA
2011 – 2012	Michael Fattal, M.D. (Yale University) – now Clinical Instructor, Harvard Medical School
2012 – 2013	Vartan Mardirossian, M.D. (Boston University) – now at Jacobson Mardirossian Plastic Surgery, Jupiter, FL
2013 – 2014	Andrew Kleinberger, M.D. (Mt. Sinai, NY) – now at Kaiser Permanente, Walnut Creek, CA
2014 – 2015	Sarah Saxon, M.D. (University of New Mexico) – now at UTSouthwestern, Dallas, TX
2015 – 2016	Bryan Rolfes, M.D. (Cleveland Clinic) – now in practice Minneapolis, MN

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2016 – 2017 Nikiti Patel, M.D. (Mt. Sinai, NY) – now at University of Kentucky
2017 – 2018 Laura Garcia-Rodriguez (University of Wisconsin)

International Guest Observers

2013- Ralph Litshel, Switzerland
2012 – Kris Conrad, MD – Toronto, Canada
2010 – Gabriel Bonasana, MD - Buenos Aires, Argentina
2010 – surgeons from Italy and Manchester, England
2006 – Masoud Jafaripour, MD Tehran, Iran
2007 – Maria Medrano, MD Santiago, Chile
2008 – Sepi Gilani, MD

Courses

2016 – The Principal Investigator Role: What Every New and Seasoned PI Needs to Know about the Conduct and Oversight of Clinical Research, CRRO Boston University School of Medicine
2009 – Managing Difficult Personnel and Having difficult Conversations – course for managers
2007 - Development and Fundraising for Department and Division Chiefs, Atlanta October 2007, AAMC
2006 – **Course Director:** The Business of Medicine – Getting Ahead and Staying Ahead While Maximizing Patient CARE. CME Course. Guest Lecturers: Lee Eisenberg, MD, KJ Lee, MD, others. June 16, 2006
2005 - Grant Writing, 8 hours, BUSM September 13, 2005.
Instructor: David Morrison, PhD
2005 - **Course Director:** Contemporary Management of Head and Neck Emergencies. Boston University CME Course with Department of Emergency Medicine. July 9, 2005
2005 - Teaching Professionalism, full day seminar – Boston University School of Medicine.
Instructor: Ben Siegel, MD
2004 - **Course Director:** Miniseminar – AAO/HNSF Annual Meeting – NY, NY – Contemporary Minimally Invasive Treatment Techniques for Facial Rhytids. Panel: Tina Alster, MD; Stephen Perkins, MD; Sydney Coleman, MD.
2004 - **Course Director:** Contemporary Diagnosis and Management of Head and Neck Cancer for the Community Based Practitioner. Guest Lecturers: Bruce Pearson, MD; Michael Kaplan, MD. June 18, 2004
2002 - **Course Director:** MiniMed School, Otolaryngology – Head and Neck Surgery. Boston University School of Medicine

Additional Activities

Director: Maimonides Society (Massachusetts CJP), Youth Baseball Assistant Coach, Movie Extra (“21” starring Kevin Spacey), Cooking, Woodturning, Beer Making, Scout Committee Boy Scouts of America Troop 54

Peer Review Journal Publications

Garcia-Rodriguez L, Williams A, **Spiegel JH**. Surgeon Opinion of Beauty Devices and Gadgets That Patients May Find Online. *Facial Plast Surg Aesthet Med*. 2021 Sep 29

Basa K, Lee A, Shehan JN, Mahoney TF, LeClair J, Kuperstock JE, Jabbour N, **Spiegel JH**. Frontal Bone Cranioplasty for Facial Feminization: Long-Term Follow-Up of Postoperative Sinonasal Symptoms. *Facial Plast Surg Aesthet Med*. 2021 Sep 24

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Lee AH, **Spiegel JH**. Should Exogenous Estrogens Be Stopped for Surgery in Transgender Women? *Laryngoscope*. 2021 Jul 29

Patel AA, Lee AH, **Spiegel JH**. Should Isotretinoin be Stopped Prior to Surgery? *Laryngoscope*. 2021 Jul 1

Saxon S, Johnson R, **Spiegel JH**. Laterality and severity of nasal obstruction does not correlate between physicians and patients, nor among physicians. *Am J Otolaryngol*. 2021 Nov-Dec;42(6):103039

Basa K, **Spiegel JH**. Facial Plastic Surgery on Instagram: What Is Trending? What Is Working? *Aesthet Surg J*. 2021 Jun 14;41(7):846-851

Das A, **Spiegel JH**. Evaluation of Validity and Specificity of the Cottle Maneuver in Diagnosis of Nasal Valve Collapse. *Plast Reconstr Surg*. 2020 Aug;146(2):277-280

Kuperstock JE, Gedik R, Horný M, Osborn T, Kindelberger D, **Spiegel JH**. Differences in Female and Male-to-Female Transgender Facial Skin Micro-Vessel Density. *Facial Plast Surg Aesthet Med*. 2021 May-Jun;23(3):199-204

Spiegel JH. Gender affirming and aesthetic cranioplasty: what's new? *Curr Opin Otolaryngol Head Neck Surg*. 2020 Aug;28(4):201-205

Spiegel JH. Considerations in Feminization Rhinoplasty. *Facial Plast Surg*. 2020 Feb;36(1):53-56

Garcia-Rodriguez L, Thain LM, **Spiegel JH**. Scalp advancement for transgender women: Closing the gap. *Laryngoscope*. 2020 Jun;130(6):1431-1435

Spiegel JH. Discussion: Osseous Transformation with Facial Feminization Surgery: Improved Anatomical Accuracy with Virtual Planning. *Plast Reconstr Surg*. 2019 Nov;144(5):1169-1170

Rohlfing ML, Kuperstock JE, Friedman D, **Spiegel JH**. An ex vivo porcine model of the anterior glottoplasty for voice feminization surgery. *Laryngoscope*. 2020 Apr;130(4):E206-E212

Spiegel JH. Facial Feminization for the Transgender Patient. *J Craniofac Surg*. 2019 Jul;30(5):1399-1402.

Wulu JA, Garcia-Rodriguez L, Prilutskiy A, **Spiegel JH**. The case of the eyelid silicone granulomas. *Am J Otolaryngol*. 2019 Sep-Oct;40(5):776-778

Gupta N, Wulu J, **Spiegel JH**. Safety of Combined Facial Plastic Procedures Affecting Multiple Planes in a Single Setting in Facial Feminization for Transgender Patients. *Aesthetic Plast Surg*. 2019 Aug;43(4):993-999.

Spiegel JH, Spiegel OL. Lip Lifting: Not Just Fullness-Everything You Need to Know about Lifting and Creating Youthful, Beautiful Lips. *Facial Plast Surg*. 2019 Apr;35(2):129-133

Cohen MB, Insalaco LF, Tonn CR, **Spiegel JH**. Patient Satisfaction after Aesthetic Chondrolaryngoplasty, *Plast Reconstr Surg Glob Open*. 2018 Oct 3;6 (10): e187.

Wulu JA, **Spiegel JH**. Is a schirmer's test necessary before blepharoplasty? *Laryngoscope*, 2018 Nov 8. doi: 10.1002/lary.27446.

Troiano C, Jaleel Z, **Spiegel JH**. Association Of Electronic Cigarette Vaping and Cigarette Smoking With Decreased Random Flap Viability in Rats, *JAMA Facial Plast Surg*. 2018 Oct 18. doi: 10.1001/jamafacial.2018.1179

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Spiegel JH. The Modified Bullhorn Approach For The Lip-lift, *JAMA Facial Plastic Surg.* 2018 Aug 23.

Garcia-Rodriguez L, **Spiegel JH.** Melasma In A Transgender Woman, *Am J Otolaryngol.* 2018, Nov-Dec; 39 (6): 788-790

Garcia-Rodriguez L, **Spiegel JH.** Are Surgeons Overdosing Patients with Lidocaine, *Am J Otolaryngol.* 2018, May; 39 (3): 370-371.

Insalaco LF, **Spiegel JH.** A Surgical Procedure Grid for Safety and Operating Room Communication in Multisite Surgery. *JAMA Facial Plast Surg.* 2018 Jan 11.

Wulu JA, **Spiegel JH.** Is deep plane rhytidectomy superior to superficial musculoaponeurotic system plication facelift? *Laryngoscope.* 2017 Dec 27.

Insalaco L, Rashes ER, Rubin SJ, **Spiegel JH.** Association of Lateral Crural Overlay Technique With Strength of the Lower Lateral Cartilages. *JAMA Facial Plast Surg.* 2017 Dec 1;19(6):510-515.

Spiegel JH. Rhinoplasty as a Significant Component of Facial Feminization and Beautification. *JAMA Facial Plast Surg.* 2017 May 1;19(3):181-182.

Insalaco L, **Spiegel JH,** Safety of Simultaneous Lip-Lift and Open Rhinoplasty. *JAMA Facial Plast Surg.* 2017 Mar 1;19(2):160-161.

Roberts E, Troiano C, **Spiegel JH.** Standardization of Guidelines for Patient Photograph De-identification *Ann Plast Surg.* 2016 Jun;76(6):611-4

Papoian V, Mardirossian V, Hess DT, **Spiegel JH.** Effects of Bariatric Surgery on Facial Features. *Arch Plast Surg.* 2015 Sep;42(5):567-71

Insalaco L, Saxon S, **Spiegel JH.** What is the role of intralesional corticosteroid injections for keloids before considering surgery? *Laryngoscope.* 2016 Mar;126(3):549-50

Jumaily JS, **Spiegel JH.** The Unique Practice Needs of Academic Facial Plastic and Reconstructive Surgeons. *JAMA Facial Plast Surg.* 2015 Sep 1;17(5):384-385.

Kleinberger AJ, Jumaily J, **Spiegel JH.** Safety of modified coronal approach with dissection deep to temporalis fascia for facial nerve preservation. *Otolaryngol Head Neck Surg.* 2015. Apr;152(4) 655-60.

Sharova TY, Poterlowicz K, Botchkareva NV, Kondratiev NA, Aziz A, **Spiegel JH,** Botchkarev VA, Sharov AA. Complex Changes in the Apoptotic and Cell Differentiation Programs During Initiation of the Hair Follicle Response to Chemotherapy. *J Invest Dermatol.* 2014 Jul 7. doi: 10.1038/jid.2014.267.

Fattal MH, **Spiegel JH.** Upper Eyelid Fat Excision Through a Brow-Lift Incision: An Investigation of Technique and Anatomic Landmarks. *The American Journal of Cosmetic Surgery* Vol. 31, No. 2, 2014, 1-6.

Kleinberger AJ, **Spiegel JH.** What is the best method for minimizing the risk of hematoma formation after rhytidectomy? *Laryngoscope.* 2014 Apr 2. doi: 10.1002/lary.2468

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Hwang HS, **Spiegel JH**. The effect of "single" vs "double" eyelids on the perceived attractiveness of Chinese women. *Aesthet Surg J*. 2014 Mar;34(3):374-82 Winner, Ben Shuster Award, AAFPRS 2011.

Jumaily JS, Fayad C, Mardirossian V, Singh A, Stram J, **Spiegel JH**. Preoperative incidence of olfactory dysfunction in nasal surgery patients. *Otolaryngol Head Neck Surg*. 2012 Jul;147(1):157-60.

Del Signore A, Murr AH, Lustig LR, Platt MP, Jalisi S, Pratt LW, **Spiegel JH**. Claim validity of print advertisements found in otolaryngology journals. *Arch Otolaryngol Head Neck Surg*. 2011 Aug;137(8):746-50.

Beyazit Y, Kekilli M, Purnak T, **Spiegel J**. Ear stapling application as an alternative treatment for weight loss. *Ear Nose Throat J*. 2011 Jul;90(7):294-6

Spiegel JH. Facial determinants of female gender and feminizing forehead cranioplasty. *Laryngoscope*. 2011 Feb;121(2):250-61. doi: 10.1002/lary.21187.

Levi JR, Veerappan A, Chen B, Mirkov M, Sierra R, **Spiegel JH**. Histologic evaluation of laser lipolysis comparing continuous wave vs pulsed lasers in an in vivo pig model. *Arch Facial Plast Surg*. 2011 Jan-Feb;13(1):41-50.

Garza LA, Yang CC, Zhao T, Blatt HB, Lee M, He H, Stanton DC, Carrasco L, **Spiegel JH**, Tobias JW, Cotsarelis G. Bald scalp in men with androgenetic alopecia retains hair follicle stem cells but lacks CD200-rich and CD34-positive hair follicle progenitor cells. *J Clin Invest*. 2011 Feb 1;121(2):613-22.

Elackattu A, Zoccoli M, **Spiegel JH**, Grundfast KM. A comparison of two methods for preventing cross-contamination when using flexible fiberoptic endoscopes in an otolaryngology clinic: disposable sterile sheaths versus immersion in germicidal liquid. *Laryngoscope*. 2010 Dec;120(12):2410-6.

Lauder A, Jalisi S, **Spiegel J**, Stram J, Devaiah A. Antibiotic prophylaxis in the management of complex midface and frontal sinus trauma. *Laryngoscope*. 2010 Oct;120(10):1940-5.

Milch HS, Schubert SY, Hammond S, **Spiegel JH**. Enhancement of ischemic wound healing by inducement of local angiogenesis. *Laryngoscope*. 2010 Sep;120(9):1744-8.

Ainsworth TA, **Spiegel JH**. Quality of life of individuals with and without facial feminization surgery or gender reassignment surgery. *Qual Life Res*. 2010 Sep;19(7):1019-24.

Lee MK, Sakai O, **Spiegel JH**. CT measurement of the frontal sinus - gender differences and implications for frontal cranioplasty. *J Craniomaxillofac Surg*. 2010 Oct;38(7):494-500.

Innis W, Sakai O, **Spiegel JH**. Soft Palate Dimension: Correlation with Obstructive Sleep Apnea. Submitted for Publication.

Winter L, **Spiegel JH**. Profile of botulinum toxin type A in the treatment of glabellar lines. *Clinical, Cosmetic and Investigational Dermatology* 2010;3 1-4

Winter L, **Spiegel JH**. Ear Stapling for Weight Loss. *Ear Nose Throat J*. 2010 Jan;89(1)

Spiegel JH. Wearing white – right or wrong? A satirical analysis of medical attire. *J Hosp Med*. 2010 Feb;5(2):120-3.

Bortniker E, **Spiegel JH**. Congenital Absence of a Unilateral Lower Lateral Nasal Cartilage. Accepted for Publication, *Ear Nose Throat*

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Crosby SS, Mohan S, Di Loreto C, **Spiegel JH**. Head and Neck Sequelae of Torture. *Laryngoscope*. 2010 Feb;120(2):414-9.

Devenney- Cakir B, Dunfee, B, Subramaniam R, Sundararajan D, Mehra P, **Spiegel JH** Sakai O. Ameloblastic Carcinoma of the Mandible with Metastasis to the Skull and Lung: Advanced Imaging Appearance including CT, MRI, and PET-CT. *Dentomaxillofacial Radiology* volume 39, issue 7, year 2010, pp. 449 - 45

Spiegel JH, Stone RS. Prevalence of Obstructive Sleep Disturbance in Children with Failure to Thrive. *J Otolaryngol Head Neck Surg*. 2009 Oct;38(5):573-9.

Spiegel JH, Lalwani A. Large Vestibular Aqueduct Syndrome and Endolymphatic Hydrops – Two manifestations of a primary inner ear malformation? *J Laryngol Otol*. 2008 Nov 12:1-3

Spiegel JH, Rodriguez G. Chondrolaryngoplasty under general anesthesia using a flexible fiberoptic laryngoscope and laryngeal mask airway. *Arch Otolaryngol Head Neck Surg*. 2008 Jul; 134(7):704-8.

Spiegel JH, Goerig RC, Lufner RS, Hoagland TM. Frontalis midline dehiscence: An anatomical study and discussion of clinical relevance. *J Plast Reconstr Aesthet Surg*. 2008 May 7.

Spiegel JH. Challenges in care of the transgender patient seeking facial feminization surgery. *Facial Plast Surg Clin North Am*. 2008 May;16(2):233-8, viii.

Spiegel JH, Varvares MA. Prevention of postexenteration complications by obliteration of the orbital cavity. *Skull Base*. 2007 May;17(3):197-203.

Spiegel JH, Polat JK. Microvascular Flap Reconstruction by Otolaryngologists: A Survey of Prevalence and Postoperative Care and Monitoring Techniques. *Laryngoscope*. 2007 Mar;117(3):485-90.

Spiegel JH. Phonosurgery for pitch alteration: feminization and masculinization of the voice. *Otolaryngol Clin North Am*. 2006 Feb;39(1):77-86.

Spiegel JH, Khodai N. Tricholemmoma of the Nose. Published: *Am J Otolaryngol*. 2006 Nov-Dec;27(6):430-2.

Chan TV, **Spiegel JH**. Klebsiella Rhinoscleromatis of the Membranous Nasal Septum. *J Laryngol Otol*. 2007 Oct;121(10):998-1002. Epub 2007 Mar 15.

Spiegel JH, Winter L. Dermatopathic Lymphadenitis of the Head and Neck. *J Cutan Pathol*. 2007 Feb;34(2):195-7.

Spiegel JH, DeRosa J. The anatomical relationship between the orbicularis oculi muscle and the levator labii superioris and zygomaticus muscle complexes. *Plast Reconstr Surg*. 2005 Dec;116(7):1937-42; discussion 1943-4.

Spiegel JH. Atypical Presentations of Sjogren Disease *South Med J*. 2005 Dec;98(12):1163-4 (**Invited Article**)

Spiegel JH, Andrus J, Stefanato CM, Heeren T. The Histologic effect of Cidofovir on Cartilage. *Otolaryngol Head Neck Surg*. 2005 Nov;133(5):666-71.

Spiegel JH. Treatment of periorbital rhytids with botulinum toxin type A: maximizing safety and results. *Arch Facial Plast Surg*. 2005 May-Jun;7(3):198-202. (**Invited Article**)

Jeffrey Howard Spiegel, M.D., F.A.C.S.

Mahoney E, **Spiegel JH**. Rhinolithiasis. Accepted for Publication – *Otolaryngol Head Neck Surg*

Dunfee B, **Spiegel JH**, Sakai O. Solitary Fibrous Tumor of the Buccal Space. *AJNR Am J Neuroradiol*. 2005 Sep;26(8):2114-6.

Spiegel JH, Dowdall J. Bilateral Nasoalveolar Cysts. *Otolaryngol Head Neck Surg*. 2005 Jul;133(1):156-7.

Mahoney EJ, **Spiegel JH**. Evaluation and management of malignant cervical lymphadenopathy with an unknown primary tumor. *Otolaryngol Clin North Am*. 2005 Feb;38(1):87-97, viii-ix. Review.

Spiegel JH, Brys A, Bahkti A, Singer M. Metastasis of Oral Cavity Carcinoma to the Submandibular Gland. *Head Neck*. 2004 Dec;26(12):1064-8.

Stone R, **Spiegel JH**, Sakai O. Extramedullary Plasmacytoma. *Applied Radiology* 2005 June: 40-43.

Spiegel JH, Raval T. Is Overnight Hospitalization necessary after uncomplicated Uvulopalatopharyngoplasty? *Laryngoscope*. 2005 Jan;115(1):167-71
(Paper reported by Reuters Health in national news)

Bakthavachalam S, Driver M, Cox C, **Spiegel JH**, Grundfast K, Merkel P. Hearing Loss as an Early Manifestation and Indicator of Exacerbation in Wegener's Granulomatosis. *Otol Neurotol*. 2004 Sep;25(5):833-7

Spiegel JH, Kessler J. Tympanic membrane perforation repair with acellular porcine submucosa. *Otol Neurotol*. 2005 Jul;26(4):563-6.

Spiegel JH, Egan T. Porcine Submucosa for Soft Tissue Augmentation. *Dermatol Surg*. 2004 Dec;30(12 Pt 1):1486-90

Schnipper D, **Spiegel JH**. Management of intracranial complications of sinus surgery. *Otolaryngol Clin North Am*. 2004 Apr;37(2):453-72, ix. Review.

Mahoney EJ, **Spiegel JH**. Sjögren's disease. *Otolaryngol Clin North Am*. 2003 Aug;36(4):733-4.

Chung J, **Spiegel JH**, Varvares M. Basal Cell Carcinoma Metastatic into a Lymphoma Node *Pathology Forum (Quiz Case 2) Arch Otolaryngol Head Neck Surg* 2002 Jan;128(1):75, 77-8

Spiegel JH, Deschler D, Cheney M. Microvascular Transplantation and Replantation of the Rabbit Submandibular Gland. *Arch Otolaryngol Head Neck Surg* 2001;127:991-996.

Spiegel JH, Singer M. Practical Approach to Digital Photography and Its Applications. *Otolaryngol Head Neck Surg* 2000;123:152-156.

Spiegel JH, Singer M, Buncke H. Microvascular Transplantation of the Rat Submandibular Gland. *Plast Reconstr Surg*. 2000 Nov;106(6):1326-35.

Spiegel JH, Lee C, Trabulsy P, Coughlin R. Endoscopic Harvest of the Gracilis Muscle Flap. *Annals of Plastic Surgery* 1998;41:384-389.

Jeffrey Howard Spiegel, M.D., F.A.C.S.

Bikhazi N, Kramer A, **Spiegel JH**, Singer M. “Babe” Ruth’s Illness and its Impact on Medical History. *Laryngoscope* 1999;109;1-2. **(Interview / Review in The New York Times, December 29, 1998)**

Spiegel JH, Sudilovsky D. Coccidioides immitis Presenting as a Neck Mass *Pathology Forum (Quiz Case 2)*, *Arch Otolaryngol Head Neck Surg.* 1999; 125;1159, 1161-1162

Spiegel JH, Singer M. Primary Malignant Melanoma of the Tongue. *Otolaryngol Head Neck Surg* 1999;121(1):163.

Spiegel JH, Lustig L, Lee K, Murr A, Schindler R. The Contemporary Management of a Spectrum of Mastoid Abscesses. *Laryngoscope* 1998; 108:822-828.

MacDonald M, **Spiegel JH**, Maas C, Kabaker S. An Anatomic Approach to Botulinum Toxin Treatment of Glabellar Rhytids. *Arch Otolaryngol Head Neck Surg.* 1998; 124:1315-1320.

Abstracts, Presentations

Browlift – expert opinion panelist
AAFPRS Fall Meeting
October 2021

Buccal Fat removal – Bichectomy
J.Spiegel
AMWC
Monaco, Monaco
September 2021

Chondrolaryngoplasty – Just the Facts
AAFPRS
Fall Meeting
September 2021

The Most Difficult Facial Feminization Situations
AAFPRS
Fall Meeting
September 2021

Hiring the Boss – recruiting senior practice management
AAFPRS
Fall Meeting
September 2021

Beyoutiful in 2020
First Event
Boston, MA
January 2020

Maintaining Your Surgical Results
J. Spiegel
First Event
Marlborough, MA
January 2019

Jeffrey Howard Spiegel, M.D., F.A.C.S.

Maintaining Your Beautiful Face

J. Spiegel
First Event
Marlborough, MA
February 2018

Facial Feminization Surgery

J. Spiegel
12th International Symposium of Facial Plastic Surgery
Dallas, TX
October 2018

Effects of electronic vaping on random flap viability in rats

C. Troiano, **J. Spiegel**
12th International Symposium of Facial Plastic Surgery.
Dallas, TX
October 2018

Tracheal Shave Surgery

J. Spiegel
Mount Sinai/WPATH
Live Surgery Training Course for Gender Affirmation Surgery
New York, NY
April 2018

Moderator: Live Surgery, Facial Feminization Surgery

Moderator: Live Surgery, Tracheal Shave

Moderator: Live Surgery, Voice Feminization Surgery

J. Spiegel
Mount Sinai/WPATH
Live Surgery Training Course for Gender Affirmation Surgery
New York, NY
April 2018

Safety of Combined Facial Plastic Procedures Affecting Multiple Planes in a Single Setting

N. Gupta, **J. Spiegel**
AAFPRS/COSM meeting
National Harbor, MD
April 2018

Moderator: Triological Society Meeting at COSM

National Harbor, MD
April 2018

Considerations in Feminization of the Orbit

Key note address
54th Meeting of the Brazilian Society of Plastic Surgery
Florianopolis, Brazil
November, 2017

Lip Lifting

Key note address
54th Meeting of the Brazilian Society of Plastic Surgery
Florianopolis, Brazil
November, 2017

Deprojection of the nose – advanced methods

Jeffrey Howard Spiegel, M.D., F.A.C.S.

Key note address
54th Meeting of the Brazilian Society of Plastic Surgery
Florianopolis, Brazil
November, 2017

Applying feminization techniques to all patients

Key note address
54th Meeting of the Brazilian Society of Plastic Surgery
Florianopolis, Brazil
November, 2017

Fundamentals of Facial Feminization

Key note address
54th Meeting of the Brazilian Society of Plastic Surgery
Florianopolis, Brazil
November, 2017

Facial Analysis – what works, what doesn't, and why.

Key note address
54th Meeting of the Brazilian Society of Plastic Surgery
Florianopolis, Brazil
November, 2017

Deprojection of the Nose

Invited Guest
Global Aesthetics Conference
Miami, FL
November, 2017

Automatic Autospreaders

Invited Guest
Global Aesthetics Conference
Miami, FL
November, 2017

Lip Lifting

Invited Guest
Global Aesthetics Conference
Miami, FL
November, 2017

How to handle a data breach

Invited Guest
Global Aesthetics Conference
Miami, FL
November, 2017

Gender, Beauty, and Feminization

e-Grand Rounds
University of California, Irvine
August, 2017

Advanced Techniques in Rhinoplasty

Grand Rounds
McGill University Department of Otolaryngology
Montreal, Quebec Canada
January, 2017

Jeffrey Howard Spiegel, M.D., F.A.C.S.

Beauty, Gender, and Facial Aesthetics

Grand Rounds
McGill University Department of Otolaryngology
Montreal, Quebec Canada
January, 2017

Before and After Surgery, Non-Surgical Solutions

First Event
Malborough, MA
January 2017

Gender significance and hairline management in Browlift

Spiegel JH
Vegas Cosmetic Surgery
Las Vegas, NV
June, 2016

Caitlin Gender and transgender facial surgery – getting your office ready.

Spiegel JH
Vegas Cosmetic Surgery
Las Vegas, NV
June, 2016

Facial Feminization Surgery

Spiegel JH
Vegas Cosmetic Surgery
Las Vegas, NV
June, 2016

Facial Feminization Surgery – a Gender approach to beauty

Spiegel JH
Key Note Address
COSM-AAFPRS meeting
Chicago, IL
May, 2016

The safety of Combination Lip lift and open rhinoplasty

Insalaco L, **Spiegel JH**
COSM – AAFPRS meeting
May, 2016
Chicago, IL
• Winner of first prize for oral presentation at the meeting.

The Evolution of Beauty – Facial Analysis from a gender perspective

Spiegel JH
Grand Rounds / Resident teaching conference
Massachusetts General Hospital
Department of Plastic Surgery
March, 2016

Facial Feminization Surgery – State of the Art

Spiegel JH
First Event
Waltham, MA
January, 2016

Facial Aesthetics – Botox, Filler, Lasers, and more

Spiegel JH

Jeffrey Howard Spiegel, M.D., F.A.C.S.

First Event
Waltham, MA
January, 2016

Revision Rhinoplasty – what’s new?
Spiegel JH
Triological Society Meeting at COSM
Boston, MA
April, 2015

Functional Rhinoplasty
Spiegel JH
AAFPRS Spring Meeting at COSM
Boston, MA
April, 2015

You’re too pretty – facial mutilation as assault
Murthy N, Saxon S, **Spiegel JH**
AAFPRS Spring Meeting at COSM
Boston, MA
April, 2015

Modified Coronal Approach for Facial Nerve Preservation
Kleinberger AJ, Insalaco L, **Spiegel JH**
AAFPRS Spring Meeting at COSM
Boston, MA
April, 2015

Sugar and Spice and everything nice – Feminization of the nose.
Spiegel JH
8th Milano Masterclass
Milan, Italy
March, 2015

Not all easy rhinoplasties are quite so easy
Spiegel JH
8th Milano Masterclass
Milan, Italy
March, 2015

Deprojecting the over projected tip – match the dorsum wherever you place it
Spiegel JH
8th Milano Masterclass
Milan, Italy
March, 2015

Unlocking the code for beautiful tips
Spiegel JH
8th Milano Masterclass
Milan, Italy
March, 2015

Forehead contouring for the radix
Spiegel JH
8th Milano Masterclass
Milan, Italy
March, 2015

Jeffrey Howard Spiegel, M.D., F.A.C.S.

The impossible nose

Spiegel JH
8th Milano Masterclass
Milan, Italy
March, 2015

Psychological considerations in Facial Plastic Surgery

Spiegel JH
“Scary Cases” Conference
Massachusetts Medical Society
October, 2014

State of the art in Facial Feminization surgery

Spiegel JH
Fantasia Fair
Provincetown, MA
October, 2014

Craniofacial shaping and facial feminization

Spiegel JH
Facial Reconstruction and Soft Tissue Surgery Course
Rutgers New Jersey Medical School
October, 2014

Patient Preferences in Print Advertisement Marketing for Aesthetic Medicine and Surgery

Spiegel JH
Vegas Cosmetic Surgery
Las Vegas, NV,
June, 2014

Feminization of the Nose

Spiegel JH
Vegas Cosmetic Surgery
Las Vegas, NV,
June, 2014

Reduction of the Extremely Over-Projected Nose

Spiegel JH
Vegas Cosmetic Surgery
Las Vegas, NV,
June, 2014

Facial Procedures for Gender Reassignment

Spiegel JH
11th International Symposium of Facial Plastic Surgery
New York, NY
May, 2014

Male attractiveness following feminizing facial surgery procedures

Spiegel JH
AAFPRS Annual Fall Meeting
New Orleans, LA
October, 2013

Nasal reconstruction after malignant skin lesion resection – management of the dorsum

Spiegel JH
AAFPRS Annual Fall Meeting
New Orleans, LA

Jeffrey Howard Spiegel, M.D., F.A.C.S.

October, 2013

Upper Eyelid fat excision through open brow lift incision; an investigation of technique and anatomic landmarks

Fattal M, Spiegel JH
COSM
Orlando, FL
April, 2013

Patient Satisfaction and Outcomes after Aesthetic Chondrolaryngoplasty

Cohen M, Spiegel JH
COSM
Orlando, FL
April, 2013

The Necessity of Overnight Hospitalization following Multilevel Sleep Apnea Surgery

Shwartz M, Spiegel JH
COSM
Orlando, FL
April, 2013

A simplified approach to access of the nasal dorsum through a hemitransfixion incision: benefits and limitations."

Mardirossian V, Spiegel JH
COSM
Orlando, FL
April, 2013

Leslie Bernstein Lecture – The Evolution of Facial Attractiveness, a History of the Near Future

Spiegel JH
Pacific Rim OTO Update
Honolulu, HI
February, 2013

Adding Botox and Fillers to your Otolaryngology Practice

Spiegel JH
Pacific Rim OTO Update
Honolulu, HI
February 2013

Undoing the Signs of Youth

Spiegel JH
Pacific Rim OTO Update
Honolulu, HI
February, 2013

Topiramate Induced Unilateral Ptosis

Zhao K, Spiegel JH
AAO/HNSF Annual Meeting
Washington, DC
September, 2012

The Scientific Approach to Marketing Effectiveness

Spiegel JH, Quinn C
AAFPRS Annual Meeting
Washington, DC
September, 2012

Jeffrey Howard Spiegel, M.D., F.A.C.S.

Masters Tips on Academic Facial Plastic Surgery

Spiegel JH, Fedok F, Mobely S, Baker S.
AAFPRS Annual Meeting
Washington, DC
September, 2012

Plastic Surgery and Head and Neck Surgery

Moderator: Triological Society Combined Sectional Meeting
Miami, FL
January, 2012

Facial Transformation – the role of femininity in beauty

Spiegel JH
AAFPRS Annual Meeting
San Francisco, CA
September, 2011

Panel: Contemporary understanding of beauty

Spiegel JH, Lewis W, Adamson P
AAFPRS Annual Meeting
San Francisco, CA
September 2011

Effect of “single” versus “double” eyelid on the perceived attractiveness of Chinese women

Hwang H, Spiegel JH
AAFPRS Annual Meeting
San Francisco, CA
September, 2011

Considerations in Starting a Facial Plastic Surgery Fellowship

Spiegel JH
AAFPRS Annual Meeting
Boston, MA
September, 2010

Forehead Cranioplasty and Facial Feminization

Spiegel JH
Triological Society COSM
Scottsdale, AZ
May, 2010

Advances in Diagnosis and Management of Nasal Valve Obstruction

Spiegel JH, panel with H. Stammberger
CEORL
Barcelona, Spain
July, 2011

Advances in Cranial and Bony Facial Surgery

Spiegel JH
CEORL
Barcelona, Spain
July, 2011

Repair of a Nasal Deformity Secondary to Congenital Syphilis through a Coronal Incision

Tsai A, Spiegel JH
AAO/HNSF Annual Meeting
San Diego, CA

Jeffrey Howard Spiegel, M.D., F.A.C.S.

October, 2009

Histological Evaluation of Laser Lipolysis comparing Pulsed and Continuous Wave Lasers in an In Vivo Pig Model

Levi J, Veerappan A, Spiegel JH
Oral Presentation
AAFPRS Annual Fall Meeting
San Diego, CA
October, 2009

Claim Validity of Print Advertisements Found in Otolaryngology Journals

DelSignore A, Spiegel JH
Triological Society Meeting (COSM)
Phoenix, AZ
May, 2009

Ameloblastic Carcinoma of the Mandible Metastatic to Skull

Morgan CL, Spiegel JH
Triological Society, Eastern Section Meeting
Boston, MA
January 2009

Head and Neck Sequelae of Torture

Di Loreto C BFA, Mohan S, Spiegel JH, Crosby SS
Triological Society, Eastern Section Meeting
Boston, MA
January 2009

Gender Variations in Frontal Sinus Anatomy, as Determined by Computed Tomography: Implications for Cranioplasty and Sinus Surgery

Lee MK, Sakai O, MD, **Spiegel JH**
Triological Society, Eastern Section Meeting
Boston, MA
January 2009

Standard Cosmetic Use of Botulinum Toxin and Its Variance from Published Recommendations

Spiegel JH, Shah PA
Triological Society, Eastern Section Meeting
Philadelphia, PA
January 2008

Topical Lidocaine as a Sole Anesthetic for Closed Reduction of Nasal Fractures in the Office Setting

Spiegel JH, Patel RD
Triological Society, Eastern Section Meeting
Philadelphia, PA
January 2008

Skin Resurfacing

Spiegel JH
2007 Otolaryngology Update at UCSF
San Francisco, CA
November 2007

Feminization of the Voice

Spiegel JH

Jeffrey Howard Spiegel, M.D., F.A.C.S.

2007 Otolaryngology Update at UCSF
San Francisco, CA
November 2007

Anatomy of the Oropharynx in Subjects with and Without Obstructive Sleep Apnea
Spiegel JH, Innis W
Washington D.C.
September 2007

Microvascular Flap Reconstruction by Otolaryngologists: A Survey of Prevalence and Postoperative Care and Monitoring Techniques
Spiegel JH, Polat JK
Triological Society, Combined Sectional Meetings
February 2007

Midline Attenuation of the Frontalis Muscle - An Anatomic Study and Discussion of Clinical Relevance
Spiegel JH, Hoagland T, Goerig R
Triological Society, Combined Sectional Meetings
February 2007

Otalgia Following Fibula Free Flap Mandibular Reconstruction
Spiegel JH
Triological Society, Combined Sectional Meetings
February 2007

Chondrolaryngoplasty ("Tracheal Shaving") Under General Anesthesia Using Flexible Fiberoptic Laryngoscopy and Laryngeal Mask Airway
Spiegel JH, Hoagland T, Goerig R
Triological Society, Combined Sectional Meetings
February 2007

Ear Stapling for Weight Loss
Spiegel JH, Winter L
Triological Society, Combined Sectional Meetings
February 2007

Experts' Opinions on Risk Factors for Oral Cavity Carcinoma
Spiegel JH
Triological Society, Eastern Section Meeting
January 2006
Toronto, Canada
Awarded 3rd Prize

Esthesioneuroblastoma arising within the Sphenoid Sinus
Spiegel JH, O'Leary M.
Triological Society, Eastern Section Meeting
January 2006
Toronto, Canada

Management of Large Mandibular Cysts
Spiegel JH, Khodai N.
Triological Society, Eastern Section Meeting
January 2006
Toronto, Canada

Dysplastic Inverting Papilloma in Children
Spiegel JH, Hughes JC.
Triological Society, Eastern Section Meeting

Jeffrey Howard Spiegel, M.D., F.A.C.S.

January 2006
Toronto, Canada

Dermatopathic Lymphadenitis of the Head and Neck

Spiegel JH, Winter L
Presentation: AAO/HNSF Annual Meeting, September 2006
Los Angeles, CA

Dysphagia due to Large Cervical Osteophytes

Spiegel JH, Winter L
Presentation: AAO/HNSF Annual Meeting, September 2006
Los Angeles, CA

The Incidence of Obstructive Sleep Disturbance in Children with Failure to Thrive, Preliminary Report

Stone R, **Spiegel JH**
Presentation: AAO/HNSF Annual Meeting, September 2006
Los Angeles, CA

Immunophenotype of the Nasal Mucosa in Sarcoidosis

Serlin DM, Li XF, **Spiegel JH**, Steiling K, Spira A, O'Regan AW, Berman JS
Presentation: International Sarcoid Meeting, June 2005
Denver, CO

Management of Nonspecific Discrete Vocal Fold Lesions

Spiegel JH, J. Weissman J, Charpiet G.
Presentation: Triological Society Annual Meeting, COSM 2005
Boca Raton, FL

A practical Method for Predicting Obstructive Sleep Apnea based upon clinical predictors

J. Spiegel, T. Klaristenfeld, R. Nagem
Presentation: Triological Society Annual Meeting, COSM 2005
Boca Raton, FL

Klebsiella Rhinoscleromatis of the membranous nasal septum

J. Spiegel, T. Chan
Presentation: Triological Society Annual Meeting, COSM 2005
Boca Raton, FL

The Diversity of Bacteria on Oral Squamous Cell Carcinomas.

O. Leshem, E.A. Klein, D.L Mager, D.G Deschler, **J.H. Spiegel**, F.E Dewhirst.
Presentation: 83rd Annual Meeting, International Association of Dental Research
Baltimore, MD
March 2005.

Castleman's Disease of the Head and Neck

T. Chan, J. Spiegel, C. Dahlen
Presentation: Triological Society Eastern Section Meeting 2005
Washington, D.C.
Submitted for Publication – Pending

Tricholemmoma of the Nose

J. Spiegel, N. Khodai
Presentation: Triological Society Eastern Section Meeting 2005
Washington, D.C.

Reconstruction of the Total Auriclectomy Defect with or Without Temporal Bone Resection

J. Spiegel, O. Faridi, D. Annino
Presentation: Triological Society Eastern Section Meeting 2005

Jeffrey Howard Spiegel, M.D., F.A.C.S.

Washington, D.C.

Submitted for Publication – Pending.

Metastasis of Oral Cavity Carcinoma to the Submandibular Gland

J. Spiegel, A. Brys, A. Bahkti, M. Singer

Presentation: Eastern Section Meeting of the Triological Society, Jan 2004, New York

Atopy and Nasal Disease in Patients with Sarcoidosis

D. Serlin, J. Spiegel, et al

Presentation: American Thoracic Society Meeting May 2004, Orlando, FL

American Journal of Respiratory and Critical Care Medicine. 2004; 169:Suppl.A33 [Abstract].

The Histologic effect of Cidofovir on Cartilage

J. Spiegel, J. Andrus

Presentation – Annual Meeting AAO/HNSF September, 2004 New York

Anatomy of the Orbicularis Occuli at the lateral orbit, relevance to the Zygomaticus major and Levator Labii

J. Spiegel, J. DeRosa

Presentation – COSM, May 2004 Phoenix, AZ

Is Overnight Hospitalization necessary after uncomplicated Uvulopalatopharyngoplasty?

J. Spiegel, T. Raval

Presentation – COSM, May 2004 Phoenix, AZ

Hearing Loss as an Early Manifestation and Indicator of Exacerbation in Wegener's Granulomatosis

M. Driver, J. Spiegel, C. Cox, K. Grundfast, P. Merkel

Presentation – COSM, May 2003 Nashville, TN

Tympanic membrane perforation repair with acellular porcine submucosa

J. Kessler, J. Spiegel

Presentation – COSM, May 2003 Nashville, TN

Nonablative photorejuvenation as a “resurfacing technique” for facial rhytids

J. Roper, M. Hoa, J. Spiegel

Porcine Submucosa for Soft Tissue Augmentation

J. Spiegel, T. Egan

8th International Symposium of Facial Plastic Surgery

New York City

May 2002

Combination Therapy for Optimal Results in the Treatment of the Aging Lip

J. Spiegel, C. Maas

Presentation: Combined Otolaryngic Spring Meeting, American Academy of Facial Plastic and Reconstructive Surgery

Palm Desert, CA, April, 1999

Sinus Lymphoma Presenting as Periorbital Cellulitis

N. Monhian, J. Spiegel, K. Lee, A. Murr

Presentation: Combined Otolaryngic Spring Meeting, The American Rhinologic Society

Palm Desert, CA, April, 1999

Microvascular Transplantation of the Rat Submandibular Gland

J. Spiegel, M. Singer, H. Buncke

The Buncke Microsurgery Foundation, 1997 – 1998

Presentation: Western Section Meeting, The Triological Society

Denver, CO, January, 1999

Jeffrey Howard Spiegel, M.D., F.A.C.S.

Wegener's Granulomatosis: Unique Head and Neck Presentations and Diagnostic Challenges

J. Johnson, J. Spiegel, S. Cheung, A. Mandpe
Presentation: Western Section Meeting, The Triological Society
Denver, CO, January, 1999

ePTFE Tubular Implant for Soft Tissue Augmentation: Human Clinical Trial

J. Spiegel, J. Spiegel, C. Maas, R. Grekin
Presentation: Annual Meeting, The American Academy of Dermatologic Surgery
Boston, MA 5/97

Mastoid Abscess: The Rare and the Very Rare

J. Spiegel, L. Lustig, K. Lee, A. Murr, R. Schindler
Presentation: Western Section Meeting, The Triological Society
Tucson, AZ 1/97

Direct Injection Sclerotherapy of an Obstructive Upper Airway Venous Malformation

J. Spiegel, P. Bikhazi, A. Murr
Presentation: Annual Meeting, AAO/HNSF
Washington, D.C. 9/96

An Anatomic Approach to Botulinum Toxin Treatment of Glabellar Rhytids

M. Macdonald, J. Spiegel, C. Maas, S. Kabaker
Presentation: Spring Meeting, The American Academy of Facial Plastic and
Reconstructive Surgery
Orlando, FL 5/96

Cytomegalovirus Laryngitis in an Acquired Immune Deficiency Infected Neonate

J. Spiegel, N. Bikhazi, A. Murr, K. Lee
Presentation: Annual Meeting, AAO/HNSF
New Orleans, LA 9/95

The Purification and Concentration of the Human Squamous Cell Carcinoma Antigen Alpha6Beta4

Advisor: Thomas E. Carey, Ph.D.
The Kresge Hearing Research Institute, Cancer Research Laboratory
Ann Arbor, MI 1993

Extracorporeal Membrane Oxygenation (ECMO) Animal Laboratory

Advisor: Robert Bartlett, M.D.
The University of Michigan Medical Center
Ann Arbor, MI 199

The Prevalence of Valvular Heart Disease by Color Flow Imaging in Active, Healthy, Elderly Persons

Mount Sinai Hospital Student Research Award 1988
Advisor: Arthur Riba, M.D.
Hartford, CT 1988

Detection and Analysis of Ambulatory ST-Segment Depression in Patients with Hypertensive Left Ventricular Hypertrophy

American Heart Association Student Research Award 1987
Advisor: Arthur Riba, M.D.
Hartford, CT 1987

The Effect of Exercise Training on Clinical, Functional, Structural, and Emotional Factors in Patients with Mild Hypertension

American Heart Association Student Research Award 1986
Advisor: Arthur Riba, M.D.
Hartford, CT 1986

Publications: Books and Book Chapters

Nasal Injuries

V. Mardirossian, J. Spiegel
Chapter in: Facial Surgery: Plastic and Reconstructive, 2nd Ed
Ed: T. Hadlock, M. Cheney
2012

Facial Skeletal Modifications and Implants

V. Mardirossian, J. Spiegel
Chapter in: Facial Surgery: Plastic and Reconstructive, 2nd Ed
Ed: T. Hadlock, M. Cheney
2012

Otoplasty

H. Hwang, J. Spiegel
Chapter in: Otolaryngology and Neurotology
Ed: Milind v. Kirtane, Chris E. deSouza, Mario Sanna, Anand K. Devaiah
Thieme Medical Publishers
2012

Mandible Reconstruction

J. Spiegel, J. Derosa
Chapter in: Current Diagnosis and Treatment in Otolaryngology – Head and Neck Surgery
Ed: A. Lalwani, MD
2011, third edition

Nasal Fractures

J. Spiegel, W. Numa
Chapter in: Current Diagnosis and Treatment in Otolaryngology – Head and Neck Surgery
Ed: A. Lalwani, MD
2011, third edition

Minimally Invasive Surgery in Otolaryngology: Endoscopic and Robotic

A Devaiah, J Spiegel, S Sridhar, M Russell, G Grillone
Chapter in: Head and Neck Surgery
Ed: DeSouza C
Jaypee Brothers Medical Publishers, 2009

Head and Neck Trauma: Physical Examination, implications for triage and management

J. Spiegel, O. Leshem
Chapter in: Head and Neck Trauma
Ed: Murr, Goldberg, Chen
Expected publication 2013

Nasal Fractures

J. Spiegel
Chapter in Current Diagnosis and Treatment in Otolaryngology Head and Neck Surgery
Ed: Anil Lalwani, MD
2007, second edition

Mandible Reconstruction

J. Spiegel
Chapter in Current Diagnosis and Treatment in Otolaryngology Head and Neck Surgery
Ed: Anil Lalwani
2007, second edition

Jeffrey Howard Spiegel, M.D., F.A.C.S.

Facial Plastic Surgery

Spiegel J, Mehra P
In Essentials of Surgery, Becker, Elsevier, 2006

Contemporary Diagnosis and Management of Head and Neck Cancer (The Otolaryngologic Clinics of North America)

Editor with S. Jalisi
Otolaryngol Clin North Am. 2005 Feb;38(1):

Evaluation and management of malignant cervical lymphadenopathy with an unknown primary tumor.

E. Mahoney, J. Spiegel
Chapter in: Otolaryngologic Clinics of North America, Head and Neck Clinic, Spiegel, Ed.
Otolaryngol Clin North Am. 2005 Feb;38(1):87-97, viii-ix.

Sinusitis (The Otolaryngologic Clinics of North America)

Editor
Published – April, 2004 Elsevier

Management of Intracranial Complications of Skull Base and Sinus Surgery

Schnipper D, Spiegel JH
In, Sinusitis, Spiegel, Editor, Released April, 2004

Sjogren's Disease

E. Mahoney, J. Spiegel
Chapter in: Otolaryngologic Clinics, Manifestations of Systemic Disease
Ed: Kelvin Lee
Otolaryngol Clin North Am. 2003 Aug;36(4):733-45

Nasal Fractures

J. Spiegel
Chapter in Current Diagnosis and Treatment in Otolaryngology Head and Neck Surgery
Ed: Anil Lalwani
Published 2004 - Lange

Mandible Reconstruction

J. Spiegel
Chapter in Current Diagnosis and Treatment in Otolaryngology Head and Neck Surgery
Ed: Anil Lalwani
Published 2004 – Lange

Cervical Liposuction

J. Spiegel
Chapter in: Facial, Plastic, Reconstructive, and Trauma Surgery
Editor: Robert W. Dolan; Marcel Dekker 2003

Anatomy of the Oral Cavity and Related Structures

J. Spiegel, D. Deschler
Chapter in: Reconstruction of the Oral Cavity
Eds: Terry A. Day, M.D., Douglas A. Girod, M.D., Marcel Dekker, Inc. New York
Submitted 8/00

Photography and Documentation of Pathological Findings

S. Rauch, J. Spiegel
Chapter in: Surgery of the Ear and Temporal Bone
Eds: Joseph B. Nadol, M.D., and Harold F. Schuknecht, M.D., Raven Press, Ltd. New York,
2005.

Jeffrey Howard Spiegel, M.D., F.A.C.S.

ePTFE Augmentation of Folds and Wrinkles

C. Maas, J. Spiegel, D. Greene

Chapter in: Tissue Augmentation in Clinical Practice: Procedures and Techniques,

Ed: Arnold William Klein, M.D., Marcel Dekker, Inc. New York, 1998.

Treatment of Nasolabial Folds for the Aging Face

J. Spiegel, C. Maas

Chapter in: Facial Plastic and Reconstructive Surgery, edited by Dean Toriumi, M.D., et al.

Submitted 12/97

Non-Peer Review Articles

Saddle Nose Deformity: Otolaryngology Case of the Month Educational Program, September, 2011

Evolution of Beauty. Skin Deep Magazine June 2008

Root Cause. Stuff at Night Magazine, page 60. April 23, 2002. Phoenix Media Group, Boston.

Hot Lips. Stuff at Night Magazine, page 39. January 1, 2002. Phoenix Media Group, Boston.

Pretty Poison: Botox. Stuff At Night Magazine, page 48. November 20, 2001. Phoenix Media Group, Boston.

Looking Your Best: Fall and Winter Skin Care. Boston At Home Magazine, Fall 2000

National and Regional Courses Directed

The Business of Medicine – Getting Ahead and Staying Ahead while Maximizing Patient Care

CME Course June 2006

Managements of Head and Neck Emergencies

CME Course May 2005

Diagnosis & Management of Head and Neck Cancer for the Community Based Practitioner

CME Course June 18, 2004

Seminar – Contemporary Office Management of Facial Rhytids

Annual Meeting AAO.HNSF – September, 2004, NYC

Seminar Director with Stephen Perkins, MD, Tina Alster, MD, and Sydney Coleman, MD

Invited Guest

Grand Rounds

Guest Professor: Facial Aesthetics and Feminization

Department of Plastic Surgery

University of Massachusetts Medical School

Worcester, MA

October, 2019

Jeffrey Howard Spiegel, M.D., F.A.C.S.

Masters of Rhinoplasty
Milan, Italy
March, 2015

Eight Northeast Regional Course on the Latest Techniques in Facial Reconstruction and Soft Tissue Surgery
Newark, NJ
October, 2014

Las Vegas Cosmetic Symposium
Las Vegas, NV
June, 2013
June, 2014

Anti-Aging World Conference
Monte Carlo, Monaco
February, 2013

Pacific Rim Otolaryngology Conference
Honolulu, HI
February, 2013

Seventh Northeast Regional Course on the Latest Techniques in Facial Reconstruction and Soft Tissue Surgery
Newark, NJ
October 27, 2012

Nose & Face World: Techniques, Tastes and Trends in Facial Plastic Surgery. A Global Perspective.
Rome, Italy
May 9-12, 2012

The Otolaryngology – Head and Neck Surgery Society of the Dominican Republic
Annual Meeting – Special invited guest
April, 2012

Grand Rounds
Department of Plastic Surgery
Boston Medical Center
October, 2011

University of Hartford
Invited Professor: Psychology of Human Sexual Behavior
Professor Carol McKenzie
Hartford, CT
November, 2009

XIII Cong Rinologia y Cirugía Facial, XXIII Cong Centroamericano ORL,
VIII Cong Nacional de Panama
Invited Guest Professor
Panama City, Panama
November, 2009

Center for Human Appearance, Departments of Plastic Surgery and Dermatology
University of Pennsylvania
Invited Professor and Grand Rounds
Philadelphia, PA
October, 2009

Jeffrey Howard Spiegel, M.D., F.A.C.S.

2009 World Professional Association for Transgender Health (WPATH)
Invited Guest of Honor
Oslo, Norway
June, 2009

39th Annual Meeting of the Egyptian Society of Facial Plastic and Reconstructive Surgery
Guest Lecturer – Invited Professor
Cairo, Egypt
February 2009

Grand Rounds
Gender Identity Disorder and Facial Feminization Surgery
Department of Anesthesia
Boston Medical Center
November 2008

Grand Rounds
Mechanisms of Gender Perception
Department of Obstetrics and Gynecology
Boston Medical Center, Boston University School of Medicine
October 2008

Transitional research Symposium Facial Plastic Surgery Section
American Academy of Otolaryngology – Head and Neck Surgery Annual Meeting
Moderator
Chicago, September 2008

Grand Rounds, Guest Professor
New York University Department of Otolaryngology – Head and Neck Surgery
May 2008

Grand Rounds, Staff Conference
Fenway Community Health Center
Boston, MA
May, 2008

Grand Rounds, Guest Professor
The Hebrew University of Jerusalem, Hadassah Medical School
Departments of Plastic Surgery and Otolaryngology
February 2008

San Francisco Otolaryngology Update
November 2007

Massachusetts Eye and Ear Infirmary
August 2007

Good Morning Live – New England Cable News Network
Invited guest regarding: Facial Transplantation
February 7, 2006

San Francisco Otolaryngology Update
November 2005

Massachusetts Eye and Ear Infirmary
October 2005

Jeffrey Howard Spiegel, M.D., F.A.C.S.

New England Otolaryngology Society
October 2005

Cook Biomedical Engineering Symposium, March 2005 New Mexico

Head and Neck Cancer Prevention Committee, Sixth International Conference on Head and Neck Cancer,
Sponsored by the American Head and Neck Society – August 2004, Washington, DC

Medtronic / Xomed Kentucky Lake Study Group 2000

New England Otolaryngology Society October 2000

Invited Lectures

Vegas Cosmetic Surgery Conference

Expert Techniques In Facial Feminization Surgery
Lip lifting- What, Why, When, and Most Importantly, How
Data Breach! How To Handle A Terrible, Horrible, No Good, Very Bad Day
Las Vegas, NV
June, 2019

Beauty and Facial Plastic Surgery

Grand Rounds
Brown University Plastic Surgery Department
Providence, RI
April, 2019

Gender, Beauty, Perception, and Surgery: Feminization of the Face and Voice

New England Otolaryngological Society
Boston, MA
April, 2019

Beauty and Gender: Understanding Facial Analysis and Gender Confirmation Surgery

Grand Rounds
Hospital Harvard Department of Plastic Surgery
February, 2019

Masters Techniques in Facial Feminization Surgery

Northeast Society of Plastic Surgery Meeting
Boston, MA
November, 2018

Beauty, Gender, and Youthfulness

Plastic Surgery Interest Group
Boston University School of Medicine
November, 2012

Otolaryngology and Gross Anatomy of the Head and Neck

Boston University School of Medicine
November, 2012

Advances in Facial Feminization Surgery

Southern Comfort Conference
Atlanta, GA
September 2012

Jeffrey Howard Spiegel, M.D., F.A.C.S.

Cosmetic Surgery of the Mandible
Cosmetic Cranial Shaping of the Upper Third of the Face
Nose & Face World
Rome
May 2012

Nasal Valve Surgery
Facial Gender Surgery
XI Congreso Dominicano de Otorrinolaringologia
Punta Cana, Republica Dominicana
April 2012

Facial Feminization Surgery
First Event Conference
Peabody, MA
January 2010, January 2011, January 2012

Empire Conference
April, 2010
April, 2011

Be-All conference
June, 2010
June, 2011

Southern Comfort Conference
September, 2010
September, 2011

Facial Determinants of Gender
University of Hartford
With Professor C. McKenzie
Psychology of Human Sexual Behavior
November 2009

Calvarial Bone Grafts for Nasal Dorsal Augmentation
International Panamerican Meeting of Facial Plastic Surgery
Panama City, Panama
November, 2009

Head and Neck Reconstruction with and without Microvascular Tissue Transfer
International Panamerican Meeting of Facial Plastic Surgery
Panama City, Panama
November, 2009

Botulinum Toxin and Facial fillers – an introduction to science and methodology
International Panamerican Meeting of Facial Plastic Surgery
Panama City, Panama
November, 2009

Feminization of the Male Face for Transgender Disorder
International Panamerican Meeting of Facial Plastic Surgery
Panama City, Panama
November, 2009

Humanism and Care of the Transgendered Patient – Panel Member

Jeffrey Howard Spiegel, M.D., F.A.C.S.

- Boston University School of Medicine
Boston, MA
November, 2009
- Introduction to Billing and Coding for Otolaryngologists
AAO/HNSF Annual Meeting
San Diego, CA
October, 2009
- No Modification Required: Navigating through the IRB
AAO/ HNSF Annual Meeting
San Diego, CA
October, 2009
- Office Based Facial Plastic and Reconstructive Procedures
AAO/HNSF Annual Meeting
San Diego, CA
October, 2009
- Advances in Facial Feminization Surgery and mechanisms for facial gender determinance
WPATH Conference
Oslo, Norway
June, 2009
- Cosmetic Surgery: A Discussion of Medical and Ethical Issues
Jeffrey Spiegel, MD with Rabbi Avi Heller
Maimonides Society – Boston University
March 2009
- Challenges and Options in Scalp Reconstruction
39th Annual Meeting of the Egyptian Society of Facial Plastic and Reconstructive Surgery
Cairo, Egypt
February 2009
- Laser Lipolysis
39th Annual Meeting of the Egyptian Society of Facial Plastic and Reconstructive Surgery
Cairo, Egypt
February 2009
- Lateral Skull reconstruction following auricectomy
39th Annual Meeting of the Egyptian Society of Facial Plastic and Reconstructive Surgery
Cairo, Egypt
February 2009
- Maximizing Results in Facial Surgery
First Event
Peabody, MA
January 2009
- Contemporary Facial Feminization Surgery
Fall Harvest Conference
Kansas City, MO
November 2008
- Facial Feminization – Theories and Practice
Fantasia Fair Conference
Provincetown, MA
October 2008

Jeffrey Howard Spiegel, M.D., F.A.C.S.

Facial Feminization Surgery – Modern Approaches
Southern Comfort Conference
Atlanta, GA
October 2008

Understanding Human Subject Research and the IRB
AAO/HNSF Annual Meeting
Chicago, IL
September 2008

Adding Facial Plastic Surgery Procedures to a Surgical Practice
AAO/HNSF Annual Meeting
Chicago, IL
September 2008

Introduction to Medical Billing and Coding (2 hour interactive course)
AAO/HNSF Annual Meeting
Chicago, IL
September 2008

Ear Reconstruction, Rhinoplasty, and Blepharoplasty Cadaver Surgery Workshop
Boston University / Tufts University
September 2008

Facial Feminization
London, England
June 2008

Head and Neck Lacerations, Penetrating Neck Trauma
Boston University / Tufts University
June 2008

Gender Confirming Facial Surgery
Be-All Conference
Chicago, IL
May 2008

Advanced Facial Feminization and Theories on Gender Presentation
International Foundation for Gender Education
Tucson, AZ
April, 2008

Facial Feminizing Surgery – New Advances
First Event Conference
Boston, MA
January 2008

Evolutionary Biology of the Perception of Facial Gender and Beauty
Grand Rounds
Tufts University / Boston University
October 2007

Facial Plastic Surgery Procedures for your Practice
Instructional Course
AAO/HNSF Annual Meeting
Washington D.C.
September 2007

Jeffrey Howard Spiegel, M.D., F.A.C.S.

SOLD OUT

No Modifications Required: Understanding the IRB and human subject research

Instructional Course
AAO/HNSF Annual Meeting
Washington D.C.
September 2007

Billing and Coding – the Crash Course

With Gregory Grillone, MD
Instructional Course
AAO/HNSF Annual Meeting
Washington D.C.
September 2007

Maximizing Results in Facial Feminization Surgery

Southern Comfort Conference
Atlanta, GA
September, 2007

Reconstruction of Forehead, Orbital, Frontal Sinus, and Anterior Cranial Trauma

Grand Rounds
Massachusetts Eye and Ear Infirmary
Boston, MA
August 2007

Advances in Facial Feminization

Sparkle Conference
Manchester, England
June, 2007

Gender Surgery of the Head and Neck

Be-All Conference
Chicago, IL
June 2007

Facelifting and Browlifting

Boston University
Department of Otolaryngology – Head and Neck Surgery
April, 2007

Midface Trauma Plating Workshop

Boston University
Department of Otolaryngology – Head and Neck Surgery
April, 2007

Gender Confirming Facial Surgery

Gold Rush Gender Conference
Denver, CO
February, 2007

Methods of Facial Gender Identity

New England Gender Conference
Smith College, Burlington, MA
February 2, 2007

Suture Techniques and Wound closure Workshop

Boston University / Tufts University

Jeffrey Howard Spiegel, M.D., F.A.C.S.

- Resident Lecture Series
February, 2007
- Fundamentals of Gender Identity and Gender Confirming Surgery
First Event
Burlington, MA
January 2007
- Chemical Peels and Nonablative Resurfacing
Boston University / Tufts University
Resident Didactic Lectures
Boston, MA
January 2007
- Snoring and Sleep Apnea
Boston, MA
November, 2006
- Facial Plastic Surgery Procedures in the Otolaryngology Practice
Instructional Course
AAO/HNSF annual meeting
Toronto, Ontario Canada
September 2006
- No Modifications Required. Easy IRB approval
Instructional Course
AAO/HNSF annual meeting
Toronto, Ontario Canada
September 2006
- Introduction to Medical Billing and Coding
Instructional Course
AAO/HNSF annual meeting
Toronto, Ontario Canada
September 2006
- Advancements in Gender Confirming Facial Surgery
Southern Comfort Conference
Atlanta, GA
September 2006
- Gender perception in faces
Fantasia Conference
Provincetown, MA
October, 2006
- Update on facial feminization Surgery
Fantasia Conference
Provincetown, MA
October, 2006
- Clinical Efficiency – The Business of Medicine
Boston, MA
June 16, 2006
- Facial Feminization Surgery – Maximizing Results
Sparkle Conference
Manchester, England

Jeffrey Howard Spiegel, M.D., F.A.C.S.

June, 2006

Be-All Conference
Chicago, IL
June, 2006

First Event
Weymouth, MA
January, 2006

Disease of the Head and Neck
Grand Rounds
Department of Internal Medicine – Family Care Program
Boston Medical Center
January 2006

Gender Defining Surgery of the Face
Fenway Community Health Center
Boston, MA
January 2006

Fundamentals of Mandible Fracture Plating – Hand on Course
Sponsored by Stryker – Leibinger
Boston University / Harvard University
January 2006
Boston, MA

Facial Feminization Surgery
Fenway Community Health Center
January 2006
Boston, MA

Head and Neck Reconstruction: Where Free Flaps Could be Used
San Francisco Otolaryngology Update
November 2005
San Francisco, CA

Physician Compensation Systems: Keeping it Fair
San Francisco Otolaryngology Update
November 2005
San Francisco, CA

Gross Anatomy of the Head and Neck
Boston University School of Medicine
Gross Anatomy
November 2005

Contemporary Management of Head and Neck Trauma
Grand Rounds
Massachusetts Eye and Ear Infirmary
October 2005
Boston, Ma

Introduction to Billing and Coding
Course, AAO/HNSF annual meeting
Los Angeles, CA
September 2005
Course prioritized as “free to residents”

Jeffrey Howard Spiegel, M.D., F.A.C.S.

Maximizing Results in Facial Feminization Surgery
Southern Comfort Conference, Atlanta
September 2005

Facial Feminization Surgery
Invited Lecture, Murrieta, CA
September 2005

Feminization of the Male Face and Skull
Be-All Convention, Chicago
June 2005

Microvascular Reconstruction of the Mandible
Grand Rounds – Department of Oral and Maxillofacial Surgery
Boston University Goldman School of Dental Medicine
May 2005

Successful Residency Interview Techniques
Boston University School of Medicine
May 2005

Frontiers in Head and Neck Reconstruction
Roxbury Latin School
Elsa Rackee Invited Lecturer
May 2005

Facial Plastic Surgery
Boston University School of Medicine Mini-med School
March 2005

Introduction to Clinical Medicine
Boston University School of Medicine
1:00 – 4:30
February 15, 2005

Facial Feminization Surgery
First Event
Woburn, MA
January 2005

Overview of Departmental Activity 2004
Medical Management Council
Boston Medical Center
January 2005

Integrating skin care into facial plastic surgery
Facial Aesthetics Conference
Millennium Skin NA
Charlotte, NC November, 2004

Facial Feminization Surgery
Southern Comfort Conference
Atlanta, GA
October 2004

Streptococcal Resistance in the Management of Otitis Media
National Association of Managed Care Physicians
Atlanta, GA

Jeffrey Howard Spiegel, M.D., F.A.C.S.

September 2004

Head and Neck Cancer
Boston University School of Medicine
Parent's Weekend Minimed School
October 2004

Free Tissue Transfer Laboratory
Tufts University School of Medicine
Otolaryngology Residency Course
October 200

Facial and Skull base Fractures
Boston University School of Medicine
Otolaryngology Residency Course
September 2004

Introduction to ICD9 and CPT billing and coding
Boston University School of Medicine
Otolaryngology Residency Course
August 2004

Fundamentals of Facial Skin Care and Aging Face Surgery
Grand Rounds: Department of Family Medicine
Boston Medical Center
July 2004

Microvascular Reconstruction of the Mandible
Grand Rounds: Oral & Maxillofacial Surgery
May 2004

Microvascular Reconstruction of the Head & Neck
Diagnosis & Management of Head and Neck Cancer for the Community Based Practitioner
CME Course June 18, 2004

Lesions of the Oral Cavity
Grand Rounds: Family Medicine
March 2004

Introduction to Coding, a Crash Course
American Academy of Otolaryngology – Head and Neck Surgery Annual Meeting
Orlando, FL
September, 2003
And
Annual Meeting – AAO/HNSF
New York, New York
September, 2004 – SOLD OUT

Head and Neck Cancer
East Newton Operating Room Nurses
September, 2003

Maintaining Youthful Skin
East Newton Operating Room Nurses
May, 2003

Management of Cervical Lymph Nodes in Head and Neck SCCa
BU/Tufts Combined Resident Course
Boston University School of Medicine

Jeffrey Howard Spiegel, M.D., F.A.C.S.

April, 2003

AAO Consensus Panel Report of Use of Otological Antibiotics
Breaking the Cycle in Antibiotic Resistance in the Treatment of Ear Infections
The National Association of Managed Care Physicians and Boston University School of Medicine
Boston, MA
April 1, 2003

Management of Fine and Coarse Rhythms
Ambulatory Nurses Grand Rounds
Boston Medical Center
March, 2003

Management of Chronic Aspiration
BU / Tufts Combined Resident Course
Boston University School of Medicine
March, 2003

Oral Cavity Lesions
Grand Rounds
Department of Family Medicine
Boston University School of Medicine
July, 2002

Residency Interviewing – what Medical Students need to know
Boston University School of Medicine
May, 2002

Head and Neck Reconstruction with Microvascular Tissue
BU / Tufts Combined Resident Course
Boston University School of Medicine
April, 2002
March, 2004

Head and Neck Gross Anatomy – Lecture and Lab
Boston University School of Medicine
MS-1 Gross Anatomy Class
December, 2002
December, 2001

Facial Nerve, Parotid, and Infratemporal Fossa Anatomy
BU/Tufts Combined Resident Course
Tufts University Medical School
November, 2002
November, 2001

Radial forearm free flap – anatomy and technique
BU/Tufts Combined Resident Course
Tufts University Medical School
October, 2001

Management of Malignant Neck Disease
Grand Rounds
Department of General Surgery
Boston University School of Medicine
November, 2001

Jeffrey Howard Spiegel, M.D., F.A.C.S.

Maxillofacial Fractures – Immediate and Delayed Management

BU/Tufts Combined Resident Orientation Course
Boston University School of Medicine
July, 2001
July, 2002

Tumors of Larynx, Hypopharynx, and Tracheal Neoplasms

Bu/Tufts Combined Oto/HNS didactic Course
Tufts Medical School
June, 2001

Oral Cavity Lesions

Grand Rounds
Department of Internal Medicine
Boston University School of Medicine
May, 2001

Effective Residency Interview Techniques

With Dean Susan Sarfaty
Boston University School of Medicine
May, 2001
May, 2002
May, 2003
May, 2004

Surgical Management of Head and Neck Cancer

Smithsonian Institute / Boston University
“Mini-Med School”
April, 2001
April, 2002

Management of Neck Metastases and the N₀ Neck

BU/Tufts Combined Oto/HNS Didactic Course
April, 2001

Head and Neck Tumors, Evaluation of a Neck Mass

Grand Rounds
Department of Internal Medicine
Boston University School of Medicine
February, 2001

Obstructive Sleep Apnea

BU/Tufts Combined Oto/HNS Didactic Course
February, 2001
February, 2003

Traumatic and Inflammatory Disorders of the Salivary Glands

BU/Tufts Combined Oto/HNS Didactic Course
January, 2001

Pediatric Neck Masses, Adenotonsillar Disease

BU/BCH Combined Residency in Pediatrics
January, 2001

Practical Applications of Digital Photography

New England Otolaryngological Society
December, 2000

Jeffrey Howard Spiegel, M.D., F.A.C.S.

Head and Neck Anatomy Lecture and Lab
Boston University School of Medicine
Gross Anatomy – MS1 class
November, 2000

Free Flaps in Head and Neck Reconstruction Lab
Tufts School of Medicine
Boston University School of Medicine
Otolaryngology Resident Course
November, 2000
April, 2002

Head and Neck Examination
Boston University School of Medicine
MS3 class
October, 2000

Head and Neck Malignancies / Evaluation of a Neck Mass
Grand Rounds
Veterans Hospital
Bedford, Ma
September, 2000

Xerostomia
Combined Grand Rounds
Department of Otolaryngology – Head and Neck Surgery
Boston University School of Medicine
Tufts University School of Medicine
September, 2000

Methods of Outcomes Research
Department of Otolaryngology – Head and Neck Surgery
Boston University School of Medicine
August, 2000

Mandible Discontinuity and Essentials of Rigid Fixation Systems for Mandible Reconstruction
Medtronic / Xomed Kentucky Lake Study Group
June, 2000

Sinusitis, Epistaxis, and Pediatric Stridor
San Francisco College of Osteopathic Medicine
January, 1999

Examination of the Ear, Nose, and Throat
San Francisco College of Osteopathic Medicine
January, 1999
March, 1999
April, 1999
May, 1999

Postoperative Care and Anatomic Considerations in Head and Neck Surgery Patients
School of Nursing
University of California at San Francisco
November, 1998

Jeffrey Howard Spiegel, M.D., F.A.C.S.

Atypical Presentations of Wegener's Granulomatosis
1998 Francis Sooy Lectureship
University of California at San Francisco
June, 1999

Microneurovascular "Free" Flaps for Head and Neck Reconstruction
Head and Neck Reconstruction Course
Department of Otolaryngology / Head and Neck Surgery
University of California at San Francisco
April, 1998

Local Flaps for Facial Reconstruction
Head and Neck Reconstruction Course
Department of Otolaryngology / Head and Neck Surgery
University of California at San Francisco
April, 1998

An Introduction to Head and Neck Surgery, and Head and Neck Trauma
Grand Rounds, Department of General Surgery
University of California at San Francisco
January, 1998

Otolaryngology Trivia
Grand Rounds, Department of Otolaryngology / Head and Neck Surgery
University of California at San Francisco
November, 1997

Contemporary Medical and Surgical Training
National Youth Leadership Forum
July, 1998 - University of California at Berkeley
August, 1997 - San Francisco State University

Emergency Airway Management
Department of Otolaryngology / Head and Neck Surgery
University of California at San Francisco
July, 1998
July, 1997

The Contemporary Management of Mastoiditis
Grand Rounds, Department of Otolaryngology / Head and Neck Surgery
University of California at San Francisco
April, 1997

Essentials of Facial Plastic and Reconstructive Surgery
Surgery 110, Medical School
University of California at San Francisco
May, September, November, 1997
May, September, November, 1996

Introduction to Otology
Surgery 110, Medical School
University of California at San Francisco
May, 1996

Cutaneous Malignancies of the Head and Neck
Grand Rounds, Department of Otolaryngology / Head and Neck Surgery
University of California at San Francisco
February, 1996

Jeffrey Howard Spiegel, M.D., F.A.C.S.

The Tangibles of Medical Education
Graduation Address
University of Michigan Medical School
June, 1994

Press

Interviewed / quoted / featured by:

The Wall Street Journal, The New York Times, FoxNews.com, The Huffington Post, Glamour Magazine, The Boston Globe, The National Enquirer, Reuters, The Globe Magazine, CBS.com, Woman's Day, Asia One, iVillage health, NPR, Spry Magazine, Long Island Press, Sydney Morning Herald, Chicago Tribune, MSNBC, Yahoo Health, ABCnews.com, the Mancow Muller Radio Show, Inside Edition, Prevention, Elle, DailyCaller.com, WTKK, FOX news, and others.