

Onir L. Spiegel, DDS, PhD

The Spiegel Center
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An award-winning facial aesthetics specialist with exceptional media presence and public speaking skill, Dr. Onir (pronounced "Oh-Near") is a beloved aesthetics practitioner and engaging lecturer who quickly connects with her audience. Dr. Onir started her career in oral health, earning two doctorate degrees from both New York University and Boston University before embarking on a career in facial aesthetics. She treats some of the most recognizable and famous faces as a co-founder of The Spiegel Center.

Education:

2007-2009	CAGS	Boston University School of Dental Medicine, Boston, MA
2002-2007	Ph.D.	Boston University School of Medicine, Boston, MA
1997-2001	D.D.S.	New York University College of Dentistry, New York, NY
1991-1994	M.S.	The Hebrew University of Jerusalem, Israel
1988-1991	B.A.	Goucher College, Baltimore, MD

Professional Experience:

2011-present	Co-founder, Specialist in Facial aesthetics , The Spiegel Center, Newton, MA
2007-2017	Endodontics , Private practices throughout the Boston metropolitan area
2001-2007	General Dentist , Private practice, Brookline and Brighton, MA
2001-2002	Fellow , Department of Dermatology, Brigham and Women's Hospital, Boston, MA
2000-2001	Intern , Division of Oral & Maxillo-Facial Surgery, The Mount Sinai Hospital, New York, NY
2000-2001	Intern , Faculty practice and pediatric outreach program, NYUCD, New York, NY
1999	Teaching Assistant , Second year pre-clinical periodontics, NYUCD, New York, NY
1994-1997	Senior Account Executive , Healthcare Group, Ruder Finn, Inc., New York, NY

Awards and Honors:

2018	RealSelf 100 & 500 Hall of Fame
2017	Top 25 Most Loved Injectors, RealSelf
2001	Robert J. Ditolla Memorial Award for <i>Excellence in Clinical Dentistry</i>
2001	<i>Omicron Kappa Upsilon</i> Outstanding Clinical Research Science Award
2000	New York University College of Dentistry Dean's Student Research Award
1994	<i>Cum Laude</i> graduate of The Hebrew University of Jerusalem

In the News:

1. Aging gracefully or Just aging. Tough as Nails. iHeart Radio. WBZ NewsRadio Boston. April 9, 2018.
2. Sun-believable:Part II. Country1025.com. August 1, 2018.
3. You Can't trust Your Face with Just anyone. Glamour. April, 2018.
4. Trending Now: New Techniques in Injectables. Tuesday, February 20th, 2018.

5. Interview with Dr. Onir Spiegel About Liquid Facelifts. www.thefashionablehousewife.com. February 25, 2018.
6. 6 Non-Surgical Facelift Treatments Recommended by Plastic Surgeons. www.zwivel.com. December 16, 2016.
7. 20 Popular Botox Treatment Questions Answered. October 25, 2016.
8. Gender Bender. Jeffrey Spiegel, MD and the dawn of the transgender movement. December 2013.

Board Certification and Licensure:

- 2001- North East Regional Boards in Dentistry
 2001- Massachusetts Licensure in Dentistry

Professional Memberships:

- 1997- Member, American Dental Association
 2002- Member, International Association of Dental Research
 2002- Member, Health Volunteers Overseas
 2010- Member, Massachusetts Dental Association

Publications:

1. [Lip Lifting: Not Just Fullness-Everything You Need to Know about Lifting and Creating Youthful, Beautiful Lips](#). Spiegel OL. *Facial Plast Surg*. 2019 Apr;35(2):129-133. doi: 10.1055/s-0039-1683865. Epub 2019 Apr 3.
2. Spiegel JH, **Spiegel OL**. Head and Neck Examination in Trauma: Implications on Timing and Prioritization. Chapter 5 in Goldberg, Lee and Murr (eds) *Head and Neck Trauma*. In press.
3. **Onir Leshem**, Suely S Kashino, Reginaldo B. Goncalves, Noriyuki Suzuki, Masao Onodera, Akira Fujimura, Hajime Sasaki, Philip Stashenko, and Antonio Campos-Neto. 2008. Th1 biased response to a novel *Porphyromonal gingivalis* protein aggravates bone resorption caused by this oral pathogen. *Microbes Infect*.10(6):664-72.
4. Reginaldo B. Gonçalves, **Onir Leshem**, Karen Bernards, John R. Webb, Philip P. Stashenko, and Antonio Campos-Neto. 2006. T-cell Expression Cloning of *Porphyromonas gingivalis* Genes Coding for T Helper-Biased Immune Responses during Infection. *Infect. Immun*. 74: 3958-3966.

Presentations and Abstracts:

1. Spiegel OL. Everything about Lip Fillers. 1st Orofacial Club Meeting. Miami, FL. June 2019
2. Spiegel OL. Non-surgical approach to facial contouring.MAE annual meeting. Waltham, MA. March 10, 2019.
3. Spiegel OL. Maintaining your Surgical Results. First Event. Marlborough, MA. January 30, 2019
4. Spiegel OL. Maintaining Your Beautiful Face. First Event. Marlborough, MA. February 2, 2018
5. Spiegel OL. Before and After Surgery, Non-surgical solutions.First Event. Waltham, MA. January 26, 2017
6. Leshem O. Stashenko P. and Camos-Neto A. Novel proteins of *Porphyromonas gingivalis* involved in inflammatory bone resorption. 85th Annual Meeting, International Association of Dental Research. March 2007, New Orleans, LA.
7. Leshem O. Gonçalves R.B., Stashenko P. and Campos-Neto A. Previously uncharacterized *P. gingivalis* antigens that preferentially stimulate T-Cell proliferation. 84th Annual Meeting, International Association of Dental Research. March 2006, Orlando, FL.

8. Leshem O. Klein E.A., Mager D.L., Deschler D.G., Spiegel J.H., Dewhirst F.E. The Diversity of Bacteria on Oral Squamous Cell Carcinomas. 83rd Annual Meeting, International Association of Dental Research. March 2005, Baltimore, MD.
9. Leshem, O. Kawai T., Milinkovic M., Taubman M.A., Sackstein R. Ca⁺⁺ independent T-cell adherence to inflamed gingival epithelium detected by a shear-dependent lymphocyte adherence assay. 63rdAnnual Meeting, The Society for Investigative Dermatology. May 2002, Los Angeles, CA
10. Leshem O. Boylan R.J., Russell S.L. Investigation of oral colonization by respiratory pathogens and antimicrobial susceptibility testing in chronic care facility residents. 10th Annual NYUCD Research Science Meeting. April 2001, New York, NY.